

Patient Informed Consent to Treatment

I, or the person listed below, have discussed with my traditional Chinese medicine practitioner or acupuncturist the specifics of my assessment or treatment and understand the nature, risks and reasons for this procedure. I voluntarily consent to Traditional Chinese Medicine/Acupuncture and understand that I may withdraw my consent and halt my participation at any time.

1. I understand that some of the techniques used under the scope of Traditional Chinese Medicine include the use of sterile, single-use needles to penetrate the skin. Additional treatment methods can include, but are not limited to: acupuncture, acupressure, the electrical stimulation of needles, cupping or moxibustion, gua sha, and Tuina. Before any of these procedures are performed, my practitioner will discuss my treatment options and only proceed if my consent is given.
2. My practitioner has informed me of the risks and symptoms of treatments, which can include, but are not limited to: slight pain, light-headedness or nausea, soreness, bruising, bleeding or discolouration of the skin, and the possibility of other unforeseen risks. I freely accept the risks involved with my procedure.
3. I will inform my practitioner if I currently have or develop any major health issues, if I suffer from any type of major bleeding disorder, or if I use a pacemaker.
4. I understand that I must let my practitioner know if I am carrying, or believe to have any infectious agents, including but not limited to HIV, TB and Hepatitis. In some cases where cross-infection is high, my practitioner may withhold treatment.
5. I understand that there are no guarantees for the results of treatments. Traditional Chinese Medicine does not often provide an instant cure. The length of my treatment depends on the severity of my condition. In some cases my symptoms may temporarily worsen before they begin to improve.
6. I am responsible for the full and prompt payment after services have been rendered.
7. I have discussed the content of this form with my practitioner. I acknowledge that I have asked any questions I may have and received answers I understand. By signing this form, I give my informed consent for Traditional Chinese Medicine treatments.

Patient Signature

Practitioner Signature

Date

Date

Patient Health Summary

| Patient Information | | |
|--|-----------------------|------------------------------|
| First Name: | Last Name: | Middle Name: |
| Telephone (Home/Mobile): | Telephone (Business): | Sex: M / F / Other |
| Home/Street Address: | Apt #: | Date of Birth: (DD/MM/YY) |
| City: | Province: | Postal Code: |
| Occupation: | Email: | |
| Family Contact Information | First name: | Last name: |
| Relationship to Patient: | Phone Number: | Mobile Number: |
| Emergency Contact information (If different individual from above) | First name: | Last Name: |
| Relationship to Patient: | Phone Number: | Mobile Number: |
| Family Doctor Name: | | |
| Clinic Address: | | |
| Clinic Phone: | Clinic Email: | |
| Past Medical History | | |
| <p style="text-align: center;"><i>Please list any relevant past medical history including any hospitalizations, surgeries, prior injuries, or any past medical conditions etc. Be sure to include any previous family medical conditions or diseases that may be relevant.</i></p> | | |
| Ongoing Health Conditions/ Allergies/Drug Reactions/ Risk Factors/Long Term Treatment | | |
| <p style="text-align: center;"><i>Please list any ongoing health conditions, allergies, drug reactions, and long term treatments that may be relevant. If you are currently taking any prescription medications, please include them.</i></p> | | |

Date of Last Update of Patient Health Summary:

Please circle any conditions you are experiencing (past and present):

General Symptoms

Headaches/migraines
Fever
Chills
Sweat
Memory loss
Dizziness/Light headedness
Fainting
Stress/depression
Discoordination
Nervousness
Recent weight loss/gain
Numbness pain in arms, legs

Respiratory

Wheezing
Chronic cough
Spitting up phlegm
Chest pain
Difficulty breathing

Muscle and Joint

Stiff neck
Back ache
Swollen joints
Painful tailbone
Pain in shoulder
Hernia
Spinal curvature
Faulty posture
Arthritis
Foot trouble

Cardiovascular

High or low blood pressure
Previous stroke or TIA
High cholesterol
Swelling of ankles
Poor circulation
Stroke/heart attack
Irregular heart beat
Shortness of breath
Pain over heart

Genitourinary System

Frequent/painful urination
Blood in urine/stool
Mucus in stool
Kidney infection/kidney stone
Bladder infection
Inability to control urine

Ears, Eyes, Nose, Throat

Hearing loss
Vision problems
Glaucoma
Ringing in ear(s)
Crossed eyes
Eye pain
Deafness
Earache
Ear discharge
Nose bleeds
Nasal obstruction
Sore throat
Hoarseness
Hay fever
Asthma

Dental decay
Gum trouble
Frequent colds
Enlarged thyroid

Tonsillitis
Sinus infection
Nasal drainage
Enlarged glands

Skin

Skin conditions/rashes
Itching
Bruise easily
Dryness
Boils
Varicose veins
Sensitive skin
Hives or allergy

Gastrointestinal

Poor appetite
Distress from greasy foods
Excessive hunger/thirst
Belching or gas
Nausea
Vomiting
Burning in stomach
Pain over stomach
Constipation/diarrhea
Colon trouble
Liver trouble/hepatitis
Gall bladder
Ulcers

Colitis
Hemorrhoids
Hypoglycemia
Hiatal hernia

Metallic taste

For Women Only

Cramps/backache
Previous miscarriage
Irregular cycle
Vaginal discharge
Lumps in breast
Menopausal symptoms
Pregnant
Painful menstruation
Excessive flow
Hot flashes
Hysterectomy

Have you had any of the following?

| | | | | |
|-----------------|--------------------|-------------|----------------|----------------|
| Appendicitis | Malaria | Chicken pox | Alcoholism | Osteoporosis |
| Diabetes | Venereal infection | Cold sores | Whooping cough | Cancer |
| Epilepsy | Multiple sclerosis | Anemia | Heart disease | Tuberculosis |
| Pneumonia | Measles | Goiter | Eczema | Mental illness |
| Mumps | Influenza | Gout | Polio | Pleurisy |
| Pneumatic fever | Arthritis | Rubella | Parkinson's | HIV/AIDS |

Signature of Patient: _____ **or Substitute Decision-Maker:** _____

Date: _____ **Relationship to Patient:** _____

Date of Last Update of Patient Health Summary: